

DISHES FOR SUMMER WITH FISH AS BASIS

Recipes for Preparing Sea Food in Variety of Styles to Please the Finicky Family During Hot Days. Cold Boiled Ham for Picnics.

(Copyright, 1919, by Mrs. M. A. Wilson.) Midsummer, with its hot, sultry days, makes the family quite finicky about its meals. This is the time that the prudent housewife will look carefully over the menus, selecting those that will appeal to the family. You know that unless the food is attractive and appetizing, no matter how good it is, those who labor all day in close office buildings will be unable to eat enough of it to keep them physically fit.

Place in a nest of lettuce leaves and serve with salad dressing. To Prepare for the Outing Menu. Flak Cakes. Soak stale bread in cold water until soft and then press very dry. Measure two cups and rub through a fine sieve. Place in a bowl. One tablespoon of grated onion. Two tablespoons of finely minced parsley. One-half teaspoon of paprika. One well-beaten egg and the prepared fish. Mold into flat cakes and dip into beaten egg then into fine bread crumbs and fry until golden brown in hot fat.

Or perhaps the family would like to have an outing on the water and thus take dinner and supper along, and return in the cool evening. Then serve them with some cold fruit, bread, butter and a cup of tea.

A Suggestive Menu for Outing for Breakfast at Home. Cantaloupe. Tomato Sauce. Fish Cakes. Honey. Coffee.

To be packed in hamper or basket. Olives. Pickles. Cold Boiled Ham. Potato Salad. Tomatoes stuffed with Cheese. Individual apple pie. Coffee.

Salami Bologna Sandwiches. Tea. Squash Fritters. Pare and squash two medium-sized summer squash or cymplings. Place in a mixing bowl and add:

One-quarter cup of milk. Two and one-half cups of flour. One level tablespoon of milk. One level tablespoon of sugar. One teaspoon of salt. One-quarter teaspoon of pepper.

Dip the tomato in boiling water and then into cold water to loosen the skin. Remove skins and cut into thin slices. Place on a thin slice of bread and butter and spread the tomato with a little mayonnaise and dust with paprika.

Select the fish weighing about one and one-half pounds. Clean and then in white paper and finally in newspaper. It may be placed directly on the ice until needed for dinner without having the fish odor spoiling the other foods.

One egg. Mix thoroughly and then fill into the fish. Sew the opening with a needle and string; then bake one and one-quarter hours. Serve with sauce with baked fish. Place a clean strip of old muslin under fish in pan; this permits quick removal in pan.

One-half cup of mayonnaise. One-half onion, chopped fine. One green pepper, chopped fine. Two bunches of parsley, chopped fine. One-quarter teaspoon of mustard. Beat to mix in a cold water. Then place in a saucepan with vinegar. Five tablespoons of water. One tablespoon of cornstarch. One teaspoon of salt. One teaspoon of paprika. One-half teaspoon of mustard.

Stir until dissolved and then bring to a boil. Cook slowly for three minutes and then remove from the fire. Add one tablespoon of salad oil and butter and then chill and then add the prepared herbs.

Roll three medium-sized potatoes in their skins and peel white hot, and rub through a fine sieve. Add one tablespoon of butter, one-half teaspoon of minced parsley, one teaspoon of salt. One-half teaspoon of pepper. One cup of milk. Beat to mix and then form into croquettes and dip into flour and brown in hot oil. Place in a hot oven until ready to serve.

Wash one quart of plums and place in a saucepan and add: One cup of water. Two cups of brown sugar. Cook slowly for twenty-five minutes and then cool. Take one cup of the cooled plums and rub them through a sieve. Place in a saucepan and add three level tablespoons of cornstarch. One-quarter teaspoon of nutmeg. Stir until starch is dissolved and then bring to a boil and cook slowly for five minutes. Cool. Use this for making tarts.

Flake the left-over fish, adding one onion, one green pepper. Four bunches of parsley chopped fine.

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The C. B. Haynes Co. Incorporated. Second and Broad Streets.

When the family likes fish the housewife's protein content of the menu is easily solved during the summer season, when this delicious food is so reasonably priced.

Use for this either four and one-half pound cut from the butt end of ham or small picnic ham. Wash and cook in a fireless cooker and then remove the skin and trim to shape. Rub into the fat pork of the ham:

Four tablespoons of sugar. One teaspoon of cinnamon. One-half teaspoon of cloves. Mix well and sift before using. To prepare ham for fireless cooker: Bake late in the evening. Cool and place in the icebox until Sunday. Cut in slices and place in wax paper. Use the balance for stuffing of ham, ham loaf or ham croquettes and part of the left-over bits can be put through the food chopper for these dishes.

To market for the first menu you will require: One cantaloupe. Two squashes. One quart of tomatoes. Bluefish. One-quarter peck of potatoes. One-half dozen ears of corn. Lettuce. Plums. Three eggs. Four green peppers. and this would cost approximately about \$2.25, without the usual staples. For the outing menu you would require:

Four loaves of bread. One-half pound of butter. One bottle of olives. One bottle of pickles. One bottle of salad dressing. Four and one-half pound cut of ham. One-quarter peck of potato salad. Lettuce. One head of cabbage. One green pepper. One-quarter peck of apples. One-quarter pound of salami sausage. One can of salmon. Two eggs for omelet. One package of sugar for icing. This would cost about \$5.

The tablecloth will be sufficient to lay over for three other meals and will pay for itself. It is somewhat expensive, it will pay for itself. It is somewhat expensive, it will pay for itself. It is somewhat expensive, it will pay for itself.

If you possess an automobile, many extras may be taken along that will add materially to the comfort of the outing.

USES FOR INDIAN HEAD One housekeeper has discovered that Indian Head is an exceptionally satisfactory fabric for towels, especially as dish towels, as it absorbs the moisture rapidly, wears longer than the usual variety of toweling and sheds no lint on glassware. This last feature makes it particularly valuable to most housekeepers. When made into everyday napkins, Indian Head is practical, since it launders beautifully and has durability. It makes attractive aprons, when finished with a touch of color in piping or simple embroidery of mercerized floss.

AMUSEMENTS Lyric's Show Amusing. Orpheus and his lyre were, no doubt, a seductive combination, but the Columbia Sextette and their syncopating saxophones supply melody and harmony more entertaining to the popular ear today, which sufficiently explains the "knockout" scored by these six disciples of Euterpe and Comus on the new bill at the Lyric yesterday. There are three men and three pretty girls.

ASK FOR and GET Horlick's The Original Malted Milk For Infants and Invalids Avoid Imitations and Substitutes.

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At the Movies

HIJOU—Eid Bennett in "A Virtuoso." BLUEBIRD—Harry Carey in "Riders for Vengeance." BROADWAY—Dorothy Phillips in "The Girl in the Red Coat." COLONIAL—Tom Moore in "The Heart of a Hero." ISIS—Hayard Vellier's "The Thirteenth Chair." REVERSON—Dorothy Dalton in "Other Men's Wives." REX—"To Get Even Granger." VICTOR—Norma Talmadge in "The Social Secretary."

in the sextette. They kept the big crowds alternately laughing and applauding while they syncopated and jazzed and discouraged classic music in turn; and they were compelled to respond to insistent recalls after completing their set program. The new show has several unusually attractive features. At Hawthorne and Jimmy Cooke, a team of eccentric comedians, put over a riotously funny jumble of laughing-provoking foolery, properly labeled "No Rhyme, No Reason"; Ben Smith, blackface monologist, kept the merriest going with his drolleries of sniggering; the Novelty Clintons contributed a specialty act that fully justified the non-du-theater, whistling, and one of the speediest, most articulate performances of the kind seen here in a long time, was the exhibition given by Daly and Berlew, the "whizzing" whirlwinds.

WEDDINGS AND ENGAGEMENTS

LYNCHBURG, VA., August 11.—Mr. and Mrs. John M. Dodd have announced the engagement of their daughter, Miss Corinne Akins, to Allen T. Davis, of Chatham. The wedding is set for October.

LYNCHBURG, VA., August 11.—William Leonard Brooks and Miss Alma Duncan, both of Lynchburg, were married Saturday evening at the parsonage of Euclid Avenue Christian Church, the pastor, Rev. Joseph T. Watson, officiating.

CHARLOTTEVILLE, VA., August 11.—John M. Higginson, Jr., of Coveseville, this county, and Miss Helen Carpenter, daughter of the late W. H. Carpenter, of Hill, were married at noon at St. Paul's Church, the ceremony being performed by Archdeacon Fredrickson here.

CHARLOTTEVILLE, VA., August 11.—Everett Early Thomas and Miss Ola Lee Scruggs were married this afternoon at the parsonage of the First Baptist Church, Dr. H. W. Battle officiating. The bride is the daughter of J. E. Scruggs, of Albemarle County.

CHARLOTTEVILLE, VA., August 11.—Tucker Strickler Durham, of Albemarle, Va., and Miss Emma Marie Masenberger, of this city, were married in the evening at St. Paul's Church, the pastor of the First Baptist Church, officiating.

LYNCHBURG, VA., August 10.—Charles W. Crews, of Spartanburg, S. C., and Miss married at the Virginia Hotel here Saturday, the celebrant being Rev. Dr. George Church, the principal, accompanied by Mrs. H. F. Gault, of Greenville, and Mrs. M. H. Gault, of Lynchburg. The groom is a motorist, stopping over for the marriage.

(Special to The Times-Dispatch.) LYNCHBURG, VA., August 10.—Harry W. Clark, of Ingram, and Miss C. Vann Womack, of Poplar Grove, Pittsylvania County, were married at the residence of Mr. and Mrs. H. L. Cathey, pastor of Bethesda Presbyterian Church here, Friday evening. The groom recently returned from twelve months with the army overseas. Mr. and Mrs. Clark left for Niagara Falls and Atlantic City in a motor car and in about three months they will go to Danville to reside.

FREDERICKSBURG, VA., August 11.—Mr. and Mrs. James William Collier, of Gloucester County, announce the engagement of their daughter, Miss Edna E. Collier, to Edwin M. Bingham, of Norfolk. The wedding will take place in the early fall.

FREDERICKSBURG, VA., August 11.—Mr. and Mrs. Thomas Jones, of Saluda, Middlesex County, announce the engagement and approach to marriage of their daughter, Miss Crittendon Jones, to Dr. Charles Wesley Jack, of Collingswood, N. J.

MARRIAGE LICENSES Max Silver (24), Richmond. Yella Caselovitch (21), Richmond. Charles Lawrence Hinkley (23), Richmond. Blanche Rockland Snodgrass (22), Richmond.

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Diamond Gifts The gift of a fine jewel is a treasure for all time. Because of its sentimental value, as well as intrinsic worth—those who discriminate prefer to have their diamonds come from the Schwarzschild store. Such pieces are distinguished for their fine quality and good taste. Diamond Rings—Diamond Bars—Diamond Bracelets.

Schwarzschild Brothers Richmond's Leading Jewelers Second and Broad Streets.

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Puzzle Picture

52 41 51 42 53 40 50 45 39 44 38 55 48 45 37 56 47 46 36 57 43 35 58 41 34 59 40 32 60 31 61 30 62 29 63 28 64 27 65 26 66 25 67 24 68 23 69 22 70 21 71 20 72 19 73 18 74 17 75 16 76 15 77 14 78 13 79 12 80 11 81 10 82 9 83 8 84 7 85 6 86 5 87 4 88 3 89 2 90 1 91 0

Trace the lines to fifty-nine. Here's my suite in place of the end. Draw for one to two and so on to the end.

LOOK FOR HIGH PRICES The rumored prices of the new fall suits fairly make one dizzy. Of course, these rumors remain to be proved. It is said that one will be able to get a commonplace suit for \$75, and that anything favoring of distinctiveness will begin at \$100 and soar rapidly to twice that amount and more.

The materials used will be much broader cloth, duvety, when obtainable and not too prohibitive in price. Jacket lines will be generally straight except at the bottom, where a smart irregularity will often be observed. Neatly all of the jackets are short and full, there will be some velvet, some silvertones and smaller amounts of sports tweeds and serges.

Groups of tucks, some of them as much as half an inch wide, will be used upon suits in place of the collars of last season, and upon the more expensive suits will appear very elaborate embroideries.

Little Talks No. 58 TO LADIES ONLY

All Richmond is talking about T&E Rough Dry family wash. This is the modern idea for home laundry work, as your garments are washed spotlessly clean and are always delivered on time—two mighty important items in these days of uncertain help and deliveries.

All flat pieces are ironed and underwear is ready to put on; in fact, the starched pieces are the only ones that have to be touched at home, and it's very little trouble to iron them.

Try the T&E Rough Dry plan a few weeks—we believe you will be as greatly pleased as the rest of our customers.

Phone Madison 4842 or 4843—a T&E wagon will call.

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THE SANDMAN STORY

WHY THE GOBLINS BEGAN TO DANCE

Why the Goblins Began to Dance. One night when the Fairies went to the dell for a frolic they found the Goblins had their moss-covered carpet for a picnic ground. Without letting the Goblins know they were there, the Fairies fitted all their things to another place to talk it over.

"They know this dell belongs to us," said one Fairy. "But if we try to get them to move they will stay to bother us."

"If we want the place to ourselves we must think of some way to get rid of them without letting them suspect we want them to go."

"They have all sorts of nice things to eat," said another Fairy. "I saw the baskets behind the rocks, but, of course, they would never ask us to their picnic because they are so greedy."

"I am sure there is room for us to dance at the other side of the dell," said one Fairy. "So why think about those naughty Goblins? Let us begin our dance."

So off they flitted to the other side and, taking hold of hands, the Fairies began to dance around and around, and pretty soon the Goblins, who could not dance at all, saw them.

They left their feasting and ran down to the end of the dell to watch the dance. Without noticing the Goblins, the Fairies danced on. They swayed and bowed and swung and tripped to the music the grasshopper band was playing until, to their astonishment, the Goblins began to dance also.

First they danced around with the Fairies, making a ring around them, but pretty soon the Goblins separated and danced by themselves.

Around and around, to the side and then backward then forward, they danced, always whirling and stepping as though some strange thing had bewitched them. Off they all danced out of the dell, over the hill and away.

When the Fairies stopped dancing they were alone in the dell, with all the nice things the Goblins had brought for their picnic.

"I wonder if it would be right for us to eat some of the food?" said one little Fairy.

"I think the food belongs to us," said another. "Because the Goblins spoiled our picnic one night by tumbling into everything we had."

But they waited for a while to see if the Goblins would not return, and when it was almost time for the sun to come over the hill the Fairies began to eat, for they knew then the Goblins would not return.

Just at daybreak there tumbled into the woods around the dell the Goblins, and oh, such tired little fellows as they were, for they had danced all night long.

The Fairies, without knowing it, had bewitched them with their dancing until each little fellow had danced his little legs almost off.

They tumbled into their rock houses without looking at the empty baskets, and so the Fairies never knew whether they remembered about the food or not.

But when the Goblins bothered the Fairies after that all they had to do was to start dancing, and off would dance the Goblins far away.

(Copyright, 1919, by the McClure Newspaper Syndicate, New York City.) Tomorrow's story—"The Grabworms' Wedding."

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Its flavor is as delicate as honey—its color as clear as amber, a rich, clear golden tint. You can eat it with zest—and you're amazed at its tempting goodness.

Domino Golden Syrup is a rare dainty. It spreads well—neither too thick, nor too thin. Eat it every meal—you never tire of it. A fine food for all the family.

You will find it at your grocer's—18 oz. and 25 oz. cans. Order Domino Golden Syrup—today! It is made by the American Sugar Refining Company, refiners of Domino Package Sugars—Granulated, Tablet, Powdered, Confectioners, Brown.—Adv.



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